

## Kids in Control

### Information Sheet for Participants Aged 8 - 10

Chief investigator: Professor Carsten Flohr

#### What is a study?

- A research study is something you do when you want to learn about something or find out something new.

#### Why are we doing this study?

- We are doing this study to find out how we can help children with itchy eczema to scratch less.

#### What will happen if I take part and what do I have to do?

- You and your parent or carer will have an interview with a researcher where you can share your ideas about eczema and scratching.
- You and your parent or carer may also be asked to take part in a virtual focus group with 2-5 other children and their parents or carers. Here, you will test our website that has tips to help you stop scratching.

#### Do I have to take part?

- No, you do not have to take part if you do not want to.
- We will not tell your doctors if you decide to take part or not. Your current or future care will not be affected whether you decide to take part or not.
- If you do decide to take part, and your parents or carers agree, you will both sign a form to show this.
- You can change your mind at any time without having to say why.



#### Will the study upset or help me?

- No, the study should not be upsetting.
- Your ideas will be very helpful to us and we hope that the information we get from the study will help other children who have eczema.
- We hope you will find the material helps you to reduce scratching your skin.

#### What if I want to stop taking part in the study?

- You can stop whenever you want and you won't have to tell us why, we won't mind!

**What if I want to ask a question?**

- Your parent or carer has been given lots of information about the study so you can ask them.
- If they're not sure or you would like to talk to someone else, please ask your parent or carer to email Dr Alpa Kanji at [KidsinControl@kcl.ac.uk](mailto:KidsinControl@kcl.ac.uk).



**Thank you very much for reading this. Please ask any questions that you want to.**

**If you do decide to take part in this study, you will be asked to sign an assent form online to show you are happy to do this. Your parent or carer will also be asked to sign a consent form online and you will be emailed a copy of the forms.**

**Contact details for further information:**

Dr Alpa Kanji, Paediatric & Population-Based Dermatology Research, St John's Institute of Dermatology, St Thomas' Hospital, London SE1 7EH. Email: [KidsinControl@kcl.ac.uk](mailto:KidsinControl@kcl.ac.uk).

The research is based at the St John's Institute of Dermatology at St Thomas' Hospital with King's College London.